

Course Comparison

“Basic” → “Authentic”

◎: with workshops

○: without workshop

Subjects		Workshops	Basic (Introductory) 【60min.】	Authentic (Basic+Details) 【90min.】
1	The true missions of ninja (difference from Samurai's)		○	○
2	Ninja hand gestures (for mental-strengthening)	① Toin pose ② Kujikiri incantation	①	①+②
3	Ninja stealthy walking	Tiptoe & landing techniques	◎	◎
4	Ninja ingenious ways of communication	Invisible ink experience	○	◎
5	“The six tools of the ninja”	(Photo opportunity with the tools)	—	◎
6	The meaning of the character 忍 (Nin)	Brush writing experience	◎	◎
7	Ninja mindfulness	Breathing & meditation	◎	◎

※ The above subjects are examples and subject to change